



LOWELL 101:

A Handbook for New Families (2026-2027 School Year)



**Brought to you by the
James Russell Lowell Elementary School PTA**

Message from the School Principal

Dear Lowell Families,

Welcome to a new school year at Lowell! I feel very fortunate to join the Lowell community and to have the opportunity to serve our students, staff, and families.

As a third-generation educator with more than 25 years in education, I have had the opportunity to serve students, staff, and families in a variety of roles at both the school and district levels. These experiences have shaped my belief in the importance of relationships, strong instruction, and working together to support every child. I also come to Lowell with the perspective of having been an LBUSD parent myself. My son graduated from Wilson High School and is now a rising junior in college. I know both as an educator and as a parent how important it is to know that the people at your child's school care about them, believe in them, and are working in partnership with you to help them succeed.

As you get to know me, you will quickly learn that I value collaboration, communication, relationships, and true partnerships with families and the community. I believe our best work happens when we work together. You know your children best, and your voices, experiences, and partnership are important as we support their academic, social, and emotional growth.

As I begin my first year at Lowell, I am looking forward to learning from our students, staff, and families and getting to know the traditions and experiences that make Lowell such a special place. I hope you will introduce yourself when you see me, share what you love about Lowell, and reach out when you have a question, concern, or something to celebrate.

Most importantly, I want every Sea Star to feel known, supported, challenged, and excited to come to school each day. I look forward to working alongside you to make

that happen and to a wonderful year of learning and growing together.

I am proud to be a Sea Star and look forward to getting to know you and your family!

Warmly,

Dulnari Edirisinghe-Aga
Principal

Message from the PTA President

Welcome Back, Sea Stars and families! We are excited for another great year with our community here at Lowell!

Families, teachers, and staff are the backbone of our strong and supportive community at Lowell. Without this community we would not be able to organize and hold the wonderful events we enjoy throughout the school year or fund the programs that enrich our children's educational experience.

There is something for everyone at Lowell! By working together we can continue to make these programs, events, resources and opportunities possible. It takes a village and we hope you share your unique skills, experiences, and talents with our community to make this year as successful as it can be.

Elementary school is a special time and we look forward to creating amazing memories together.

Please don't hesitate to reach out to any of us with questions, suggestions, or to volunteer in any way that you can!

Best wishes for a wonderful year,

Cori Iverson
PTA President
pres@lowellpta.com

IMPORTANT PEOPLE IN THE LOWELL FAMILY

Our Principal: *Dulnari Edirisinghe-Aga*

Ms. Edirisinghe-Aga is a third-generation educator with more than 25 years of experience in education. She has served students and families in a variety of roles at both the school and district levels. She values collaboration, open communication, and strong partnerships with students, staff, families, and the community. Ms. Edirisinghe-Aga is excited to join the Lowell community and looks forward to getting to know our Sea Stars and their families and working together to support our students, staff, and families.

Our Office Staff: *Courtney Cover*

Mario and Courtney are the smiling faces who greet you in the office, as well as the voices on the telephone when you call Lowell Elementary. They are an invaluable resource about all things school-related. They do everything from getting an emergency message to your child during the school day, help fill out forms or direct you to your destinations. They are our bridge between the school and the outside world. Please be respectful. Remember, they are there to help us. There are many of us and they do not work for us. Their jobs are many and varied. Helping Lowell's parents is but one of their many responsibilities.

Our Counselor: *Yvette Cline*

Mrs. Cline brings a wealth of knowledge, expertise and a passion for the development of all students. She is a wonderful resource for families, teachers and students, and provides that extra support to those who may need a little more in areas of social, emotional, behavioral and/or academic challenges.

Our Teachers and Instructional Staff:

The first "Lowell face" your child will come to know and love is his/her teacher. This person will share with your child abundant knowledge (you will be amazed by how much your child will learn this year!) and imagination. In addition to your child's teacher, your student will also have opportunities throughout the year to work with our Library Media Assistant and the Coachies on the playground.

PTA

Lowell's PTA is a critical part of the Lowell community as Lowell is ineligible for Title I funds. Our PTA funds numerous programs and events that enrich your child's education and could not otherwise exist. Some of the many programs our PTA funds and supports include:

- Software & Technology
- STEM Day & Science Fair
- Inspyr Arts Art Program
- Learning Garden
- Authors & Illustrators Night
- Family Programs (Pizza/Movie Night, Pumpkin Carving, Dirtbags Night, LBSU Basketball Night, Ice/Roller Skate Night, Variety Show, Donuts with Grownups Morning)
- Art Lab Supplies
- Cultural Events/Assemblies
- Chess Club
- Carnival
- Teacher Wish Lists
- Healthy Lifestyles
- After-school Enrichment Programs & Scholarships
- Field Trips and Assemblies
- After-school Supervision
- Staff & Student Appreciation
- Student Leadership
- School Beautification
- Playground Supplies

By joining our PTA, your child benefits and you now have a voice that:

- Benefits your child and Lowell by raising the level of family participation
- Enables discussions regarding activities and events held throughout the year; fundraisers, how to spend PTA funds, etc.
- Strengthens our voice with the district, as well as on county, state, and national levels, in support of our children and their public education
- Gets you connected
- Increases our volunteer numbers, which is critical to the success of Lowell's programs and events

Join Lowell's PTA TODAY. Membership has its rewards...for students, parents and so many more! Come to the PTA meetings. Be an advocate for your child!

1. Go to <https://lep3.futurefund.com/go/72407-pta-membership> to join online
2. Click on **"PTA Membership"** and follow prompts to check-out.
3. PTA Memberships are for the whole family. Consider adding additional memberships for **parents, students, and even grandparents** before checking out.
4. **Add a donation?** You can add this to your membership by clicking "add a donation" with your membership. All donations go directly to supporting the programs, events, resources, and more at Lowell!

For more information, contact: membership@lowellpta.com

PTA Meeting Schedule

Below is the tentative schedule for the PTA meetings during the 2026-2027 school year. Dates are approved with the PTA calendar during the first PTA meeting of the year. Dates may change during the year; however, plenty of notice will be given.

Board Meetings are held at 6:30 p.m. in person. Association Meetings are held at 6:30pm in person on campus (a Zoom option may be provided). Keep an eye out on your Lowell Log, @LBLowellPTA (Instagram and Facebook), or Room Rep blast (see below for more information) for any announcements. Visit www.lowellpta.com to RSVP and receive the zoom link.

As a general rule, Board meetings are on the second Tuesday. Association meetings are held on the fourth Tuesday of the month.

Lowell PTA's 2026-2027 Executive Board

Elected and appointed to serve for the 2026-2027, here are your PTA Executive Board members, along with their contact information. Please feel free to contact them with any questions or ideas you may have, and introduce yourself at one of the PTA meetings this year!

President:	Cori Iverson	pres@lowellpta.com
Vice President:	Jackie Taucher	vp@lowellpta.com

Executive Secretary:	Trinity August	secretary@lowellpta.com
Treasurer:	Tara Litt	treasurer@lowellpta.com
Financial Secretary:	January Mallinger	financial@lowellpta.com
Ways & Means:	Allison Wootton	ways@lowellpta.com
Communications:	Vaneeta Spitzer-Williams	comm@lowellpta.com
Diversity, Equity & Inclusion	David Mendoza	inclusion@lowellpta.com
Membership:	Jackie Clark	membership@lowellpta.com
Head Room Rep:	Aimee Pereira	roomrep@lowellpta.com
Historian:	Nikki Matlock	historian@lowellpta.com
Parliamentarian:	Kim Cruitt	parliamentarian@lowellpta.com
Auditor:	Open	auditor@lowellpta.com
Teacher Rep:	Edina Wade	ewade@lbschools.net
Principal:	Dulnari Edirisinghe-Aga	dedirisingheaga@lbschools.net

School Site Council

This committee is a school governance body composed of teachers, parents and classified staff. The school site council's duties involve making decisions about school curriculum, instruction, safety, school culture, and the school vision... Basically, anything that occurs on the school's campus between the hours of 9am and 3pm. Parent representatives are elected for two-year terms.

If you wish to learn more about our school site council, please come to a meeting or speak with Principal Aga.

Dates will be announced on PTA Lowell Log and school messaging.

PARENT VUE

Parent VUE is a website that allows parents to view their children's current and historical information, including ***classroom assignment***, daily attendance, grades, report cards, test scores, discipline, and more.

It is a one-stop location for links to other parent services.

With one simple activation, parents can view information on all of their children, from elementary school through high school. Parents can update emergency card

information electronically. It is extremely important to set up your account as soon as possible. Go to the main office for information on setting up your account.

COMING TO CAMPUS

Signing in at the School Office

Any time you enter the Lowell campus, it is important to come to the main office and sign your name in the visitor's log, which is located at the front desk in the lobby. Whether you are stopping by to help in your child's classroom, doing volunteer work at the school, or attending an event with your child's class, please make sure you sign in and get a visitor's badge or wear your VIPS badge. This procedure is in place to help maintain the safety and security of all our students and our school. Please make sure to indicate the number of hours you will be volunteering that day (this helps the PTA support its non-profit status).

Parking: Green, White, and Red Curbs

When you come to campus, please pay attention to where you park. Some of the curbs on the streets around campus are painted green, white, or red.

White curb: Located on Monrovia, this zone is for pick-up and drop-off only. Do not leave your car in the white zone, or you will get a ticket.

Green curb: These curbs are more forgiving. They give you a thirty-minute window to walk in and visit with your child, talk with a teacher, or take care of some paperwork or PTA-related projects.

Red curb: Never, ever park in the bus zones or the red curbs adjacent to the Nieto entrance to the school (by kindergarten drop-off/pick-up). You WILL get ticketed – the zones are patrolled regularly, and even if you are lucky to avoid a ticket, you will incur the wrath of bus drivers, school staff, and other parents.

Most importantly, our school is a part of a neighborhood, and we want to be considerate neighbors. Please be aware of your surroundings and be respectful of how and where you park.

Thank you for not blocking driveways and neighborhood cars!

YOUR CHILD'S SCHOOL DAY

The start of the school day: School begins at 9:00 a.m. Each morning before the bell rings, students line up in their classroom's designated spot. Students in 1st through 5th grade can be dropped off on the playground starting at 8:45. Supervision will be provided. The warning bell rings at 8:58 a.m. and all students should be lined up and

ready to enter their classroom. TK students line up in the front of the school. The TK teachers will open the gate to the playground at 8:55am to let them in. Kindergarten students and their parents/guardians line up at Sea Star Park and wait for their teacher to come get them.

The end of the school day: Kindergartners will be dismissed at 3:00 pm each day. However, the first 3 weeks of school kinders will be dismissed at 2pm. TK/Kinders must be picked up promptly (unless going to Kids' Club) – they are not allowed on the playground as there is no supervision.

Please arrive a few minutes early – just in case your watch is slightly off from the school's time, or traffic or parking are difficult. If you do arrive early, it will give you a chance to check in with other parents. TK/Kinder parents, please be aware that there are classrooms still in session and the garden teacher often has classes out front when you are waiting for your student to be released at the end of their day. Please be respectful of their learning!

Grades 1-3 are dismissed at 3:05 p.m. and grades 4-5, at 3:10 p.m.

Supervision for these grades is provided on the playground school until 3:45 p.m. Please pick up your child by 3:45 p.m. as there will be no supervision after.

ABSENCES, TARDIES, OR EARLY DEPARTURES: If your child will be absent from school due to an illness, be sure to notify the school by filling out the form at <https://forms.gle/vj58aLG3FtXfsGfv6> or by emailing our attendance clerk, Courtney Cover, at ccover@lbschools.net or calling the office at (562) 433-6757, ext. 222. If the office is closed when you call, you may leave a phone message.

After 9:30 a.m. your child will need a tardy slip. Please proceed directly to the front office. If you need to pick up your child before he or she is released from class for the day, please come to the front office to sign your child out!

Valet Drop-Off

Valet drop-off service is available from 8:45 a.m.- 8:58 a.m. for grades 1-5. Located on Monrovia, just past the playground gate, the valet service is manned by volunteers. You may pull your car up through the cones and let your student out. This system is very helpful due to the shortage of parking close to the school, and it certainly helps when you are in a time crunch!

Special Days on Campus

Every Thursday after school @ 2:30pm, the 5th grade class sells popsicles to fund its end-of-the-year promotion activities. Bring your child, along with money to buy a

popsicle, to the lunch benches on the main playground after school. Your child will enjoy the treat, and you will have a chance to meet and talk with other Lowell parents.

Miscellaneous Special Days – Additional special events occur throughout the school year: Pumpkin Carving, Spirit Days. You'll find there's always something fun happening on campus, to help celebrate special days during the school year (wear a Star Wars t-shirt on May 4th). Read your Lowell Log for announcements of such dates or check @LBLowellPTA on social media to get updates on campus events.

Spirit Wear/Logowear and Dress Code

In addition to the traditional school uniform, students may wear School Spirit clothing (Lowell Logo Wear, Jog-a-thon/Fun Run, Carnival, 5th Grade Tees, etc). These shirts may be purchased at school events, or ordered online on the PTA webstore [here](#). Otherwise, white or navy blue collared shirts must be worn. Email the Logo Wear Committee Chair at logowear@lowellpta.com with any questions about your order.

View the 2026-2027 Lowell Dress Code [here](#).

Breakfast / Lunch and Cafeteria Protocol **Meals are now FREE**

Students may either bring their own food to school, or they may get lunch in the cafeteria. The cafeteria menu is available online at the LBUSD website, linked in the Lowell Log, or you can call the cafeteria hotline number (562-427-7923).

Lunch times are staggered according to grade level. The kids are usually so anxious to get out to play that they often forgo the best parts of the lunch. Make sure to provide quick (but nutritious) choices that are easy for them to inhale within minutes! If your child forgets his/her lunch at home, you may bring the lunch to the office. Please make sure your child's name and room number/teacher are clearly written on the lunch. Your child's teacher will excuse him/her to pick up the lunch at lunchtime (you may want to call the office first to confirm the correct time that your child will be heading to lunch). Please do not just walk to the classroom to drop it off as those visits cause major classroom disruptions. Don't worry - the office will let your child know!

We are a Zero Waste lunch school! In addition to minimizing our impact on the environment, this program helped Lowell earn recognition as a U.S. Department of Education Green Ribbon School – one of only a handful of public schools in the nation to receive this award! Thank you for packing your child's lunch in a reusable container, as well as utilizing reusable containers, such as plastic ware and cloth bags for snacks (rather than plastic bags). Thanks to our staff, families, and students, we have gone from 10 bags of lunchtime trash down to one bag each day – amazing!

Lost and Found

A common question from new Lowell families is, “Where is the Lost and Found?” If your child has lost or misplaced his or her sweatshirt, lunch bag, water bottle or anything else, you should first check your child’s classroom (or nearby areas where they leave their bags). Eventually, the missing item will make its way to the Lost and Found which is located in a room between the cafeteria and the auditorium, on the playground side, closest to the stage. Several times a year, Lost and Found items are brought out to the playground for a final opportunity for parents to check for their kids’ belongings, before these unclaimed items are donated.

One helpful tip: mark your child’s first and last name (and, perhaps, classroom) on his or her belongings with a Sharpie (silver Sharpies work well on that navy blue!).

Emergency Preparedness

In case of an emergency, know that your child is in good hands. The school maintains an up-to-date plan for emergency action in the case of an earthquake, disaster, or large-scale emergency. The plan is updated regularly and includes keeping a cache of emergency supplies and portable toilets on campus. The emergency plan is available from the principal, Mrs. Fanton, in the school office.

Please note that emergency cards are no longer in use.

All emergency contact information must be entered into your District ParentVUE account. *Please be sure to keep your account information current.* The school’s emergency plans work best when numbers and other contact information are current.

“INFORMATION PLEASE!”

Here are several of the ways to get the information you need:

The Lowell Log

The **Lowell Log** is the PTA’s weekly e-newsletter. Emailed on Sunday mornings so you can prep your Sea Star for the week, the Lowell Log contains timely announcements of events and detailed information regarding all school and PTA activities.

Please sign up for the Log in order to stay informed. [Click here to join!](#)

You can also subscribe by visiting the Lowell PTA website at www.lowellpta.com.

Lowell PTA’s Website

Our website address is www.lowellpta.com. Visit it frequently throughout the year for news, contacts, links, our Lowell Log, and all the goings-on at Lowell.

Lowell PTA on Social Media

Follow us on Instagram, and Facebook. We send out reminders about upcoming events and keep you in the know around campus! **@LBLowellPTA**

Your Class Room Rep Emails/Bloomz Messages

Depending on how your teacher prefers to have Room Reps support their classroom, you may receive weekly or monthly emails from your Classroom Room Rep regarding important classroom events/needs. Because communication is key, the PTA makes every effort to get information out to Lowell's parents. These emails are an important way to get you that information without sending numerous flyers home.

PTA/School Calendar

The monthly PTA/school calendar contains a comprehensive calendar of events: PTA meetings, school site council meetings, early dismissal days and other holidays, school events, state testing dates, and special activities. Each month, you can find this important calendar in your Lowell Log, posted on the PTA bulletin boards, and on the website. *A helpful hint:* add those key dates into your family calendar each month!

GETTING INVOLVED **VIPS**

"VIPS" stands for **V**olunteers **I**n **P**ublic **S**chools. Any parent or guardian may apply to become one, and you have to be one in order to volunteer in your child's classroom. Turn in an application as early in the school year as possible to the front office. (It takes several weeks to process your application and get your VIPS badge). A current, negative tuberculosis test result must be provided along with your application (the test result is good for 4 years).

For more information about the VIPS program, please contact Courtney Cover in the front office. Please note: defer to your child's teacher for any available VIPS opportunities – some teachers utilize them often, and others not as frequently. Once you receive your VIPS schedule, please try to keep the date(s) assigned to you, or find an eligible replacement if you are unable to make it! Lowell's teachers are very grateful to have lots of involved parents, and will make use of your helping hands.

Room Representatives

Each class has a Room Representative (some classrooms have more than one). The Room Representative is an important liaison throughout the year between the parents of the class and the teacher/PTA/school administration.

Room Reps should be e-mail proficient as sending/receiving e-mails is a critical part of their job. They not only keep teachers and parents informed and involved, but also help drive attendance and participation in many school activities.

For more information regarding Room Rep responsibilities please email roomrep@lowellpta.com.

- **Room Representative Meetings:**

Our PTA Board has a Head Room Rep who manages and coaches each classroom's room rep. Once volunteers are set, the Head Room Rep will hold a group meeting to answer all your questions. NOTE: First-time Lowell families are welcome to be Room Reps! You will get plenty of help from your Head Room Rep., as well as from "veteran" Room Reps. in other grades!

PTA Membership

The best way to become involved in your child's education at Lowell is to join the PTA. Attend the monthly PTA meetings to hear what is going on and have your voice heard. Having an active, involved, and caring PTA organization is one of the things that make Lowell such a special place for your child's education!

Please see the earlier section on the PTA for more information on how to join.

Volunteer Opportunities

Throughout the year, numerous volunteer opportunities arise: accompanying students on a field trip (must be a VIP); helping with recycling; pitching in at the Learning Garden; helping with one of the PTA's fundraisers/school events (Fun Run, Spring Auction, and the end-of-the-year Carnival), and so many others. These opportunities will be publicized in the Lowell Log and through your weekly Room Rep blasts, so stay tuned!

We invite you to pitch in, in as many ways as you are able.

Contact our Ways & Means, at ways@lowellpta.com, to get involved.

You are an important and valued part of the Lowell community!

HIGHLIGHTS OF SOME SCHOOL EVENTS, AND ACTIVITIES

Authors & Illustrators Night

This event is a wonderful opportunity for students to get to work with local children's authors and illustrators. Each author/illustrator leads a workshop with a group of children and who work on an activity. Reservations are required. Space is limited and fills up fast!

Back to School Night

Back to School Night is an evening during which parents and guardians are invited to

visit our school and hear their children's teachers hear about what is in store for the coming school year.

- **Back to School Night on Thursday, September 10th.**

5:30- 6 pm Session 1

6-6:10pm Passing

6:10-6:40 pm Session 2

Lowell's Back to School Night is intended as an informational meet-and-greet session and should not be used for private conferences with your child's teacher.

School-wide Parent/Teacher conferences are scheduled for mid-November, but if you need to meet with your child's teacher earlier, coordinate that with the individual teacher. All teachers' requirements and procedures are a bit different. This is the time to ask your questions and figure out how you can best support your child's education.

Book Fair

Book Fair is a week-long event that takes place twice a year — once in the fall and once in the spring — that benefits students and teachers. All proceeds from the Book Fair go right back to the classroom and teachers!

Passive Fundraising

It's easy to support Lowell PTA while doing the things you do everyday! For quick links to set up the below options, visit <https://www.lowellpta.com/get-involved>

Carnival

The Lowell Carnival is a school event that draws in the entire community.

In true Carnival style, there are games, bounce houses, fun contests, food and of course, a prize booth. Each class sponsors and hosts a carnival game booth. Traditionally taking place in May, Carnival is a great way to wind down the school year, have fun together and raise some money for our school.

Chess Club

The Lowell Chess Club is open to all Lowell students in grades 1 – 5 regardless of their level of experience. The most advanced students will form the Chess Team. The club meets before school on days of the week that will be announced.

Dining for Dollars

Dining for Dollars events are held approximately once a month. When you dine (eat in or take out) at the participating restaurant on the specified day, the restaurant donates a percentage of the proceeds of your meal back to Lowell. The donation is typically 20% but can be as much as 50%. You dine, they donate – it's the easiest way to give back!

Fun Run/Apex Fundraiser

One of our biggest annual fundraisers is our Fun Run that encourages kids to move and exercise while raising money for our school. During this event, the school is transformed into a running track and each grade will run laps to raise money.

The Fun Run has grown to be one of Lowell's strongest fundraisers; earning pledges can be done via an online program.

GroundEd Garden Program

The Learning Garden has become an integral part of the Lowell community, the result of efforts by Lowell parents to create a hands-on, science-based learning environment that teaches students about plants, environmentalism, and healthy eating. Classrooms come to one of our many gardens to learn in an outdoor academic environment that combines fun and enrichment.

The award winning Learning Garden features several raised beds in front of the school and along Monrovia (adjacent to the cafeteria) as well as a full outdoor classroom with more raised beds near Sea Star park.

Inspyr Arts

Inspyr Arts is an art lesson program funded by the PTA. Throughout the year, students learn about the different artists during school-wide assemblies and in-class instruction provided by Inspyr Arts staff. Projects are adjusted in order to be grade-appropriate. Inspyr Arts' school art program features the art and techniques of a diverse range of relevant artists from around the world. It teaches foundational art skills that encourage students to "learn to see" and to interpret the world around them with enthusiasm and insight.

Pumpkin Carving

A true Lowell October tradition. Kick off the season by carving a pumpkin, wearing a costume and dancing to the tunes of a DJ. Please bring your own pumpkin and tools to carve, and when you're done enter your pumpkin creation in the carving contest!

STEM Day / Science Fair

Students at Lowell will enjoy an interactive day celebrating all things science! All students are invited to participate in our yearly Science Fair!

Variety Show

Calling all acts!! Let the star inside your child shine with a musical act, dance routine, magic show or any other talent. This is not an audition restricted to a certain number of acts. Perform solo or with a group — whatever you choose, the Lowell auditorium will be your stage to shine for a night. Have you always wanted to participate but are unsure of what to do or who to perform with? Contact us and we can help guide you!

Lowell's Mission

Lowell Elementary School's mission is to ensure the personal and intellectual success of all students by having high expectations, a commitment to excellence, and a comprehensive school program, confirming the belief that all students can learn and lead responsible, satisfying lives.

Lowell's School Song

(Sung to the tune of "You're a Grand Old Flag")

THE LOWELL STARS

We're the Lowell Sea Stars
and we always aim high
In our homes and at school and at play!
We are helpful, too.
To our friends we're true.
We prove it to them every day!
If you want to know,
We'll be happy to show
That we mean every word we say:
We stand the test
We are the best!
So it's Lowell,
Hip Hip Hooray!

USEFUL LINKS & NUMBERS

Lowell Elementary School

5201 E. Broadway
Long Beach, CA 90803

Long Beach Unified School District

1515 Hughes Way, Long Beach, CA 90810
562-997-8000

Important Phone Numbers:

School Office:	562-433-6757
Kids Club:	562-434-7968
Cafeteria Menu:	562-427-7923
LBUSD Main Phone:	562-997-8000

Internet Resources:

Lowell PTA Website:

www.lowellpta.com

Lowell Elementary School LBUSD Website:

[Lowell Elementary - Long Beach](#)

Long Beach Unified Website:

www.lbschools.net

School Accountability Report Card Website:

[Lowell SARC Online](#)

California Dept. of Ed. Website:

www.cde.ca.gov

Ed-Data Website:

[EdData - School Profile - Lowell Elementary](#)

California State PTA Website:

www.capta.org